

#### KITCHEN BREAKFAST

Made by us as you would make it at home

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Tebay breakfast £11.75 Cumberland sausage, dry-cured bacon,

black pudding, egg, tomato, mushroom, beans, bubble & squeak cake, white or seeded toast. 908kcal

Westmorland breakfast £9.75 Cumberland sausage, dry-cured bacon,

egg, mushroom, beans, white or seeded toast. 636kcal

Butcher's breakfast £13.75 2 x Cumberland sausage, 2 x dry-cured bacon, black pudding, haggis, egg, tomato, mushroom, beans,

Vegan breakfast 🔽 Smoked tofu, spicy beans, mushroom, tomato, bubble & squeak cake, white or seeded toast 530kcal

bubble & squeak cake, white or seeded toast. 1371kcal

Bean bowl £6.50 Spicy beans, 2 x dry-cured bacon, fried egg, bubble & squeak cake. 395kcal

On More? Bakery sourdough toast

Mushrooms Ve 331kcal £5.50 Spicy beans Ve 343kcal £5.50 with dry-cured bacon 594kcal £6.50

Eggs V 271kcal £5.75 fried, poached or scrambled



Breakfast baps

Dry-cured bacon 630kcal £5.75

Dry-cured bacon & egg 595kcal £5.75

Cumberland sausage 678kcal £5.75

Smoked tofu Ve 604kcal £5.75 with sun-dried tomato and garlic chutney

Fancy an extra? Add an extra item

to any of our breakfasts for just £1 each

Kids breakfast £4.50 Any 2 of our breakfast items served with your choice of white or seeded toast.



GF toast is available. Please ask one of our colleagues when you order.

Vegan Vegetarian GF No gluten ingredients, not suitable for coeliacs

## KIDS EAT FOR £1



Smaller portions of our freshly cooked main dishes cost just £1 when bought with adult-sized hot meals. \*offer is applied automatically at the till and applies to children aged 10 and under.



#### Served from 11.00am

#### KITCHEN HOT FOOD

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## FROM OUR KITCHEN

Steak & ale pie 538kcal £10.85 Pork & chestnut mushroom £10.75 with your choice of side casserole @ 534kcal with new potatoes and thyme-roasted carrots & swede Macaroni cheese 

531kcal £10.00 with your choice of side Cumberland sausage 709kcal £10.50 with red onion marmalade Sweet potato & chickpea £10.00 and new potatoes

tagine GF 279kcal with sweet potato wedges Beer battered fish 775kcal £12.50 with chips and peas Lasagne 544kcal £10.85

#### KIDS MENU

Lasagne 272kcal £6.50 Macaroni cheese 👽 248kcal £6.50 Battered fish 137kcal £6.50 £6.50 Cumberland sausage 157kcal

# with your choice of side

### URKITCHENS

Enjoy a homemade main & a hot pudding for just £10 after 3pm

### SOUP

Soup of the day, made by us as you would make it at home

£5.50 Served with a bread roll from More? The Artisan Bakery

Served with a cheese scone £6.00

SUNDAY LUNCH\*

Served on Sundays from 11.30am

\*only available on Tebay South

Choose from roast beef @ or

roast lamb @, both from our

Served with Yorkshire pudding, seasonal vegetables and gravy.

£11.75 (Kid's size £6.50)

made by us

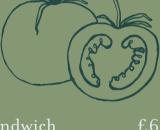
butchery.

to see our new Filled Flatbreads & Salads at **Tebay North** 

Click here

# MENU\*





£6.50 Main meal or sandwich

Main meal or sandwich £9.50 with salads

# MAINS

Cumberland scotch egg 313kcal

Sweet potato & goats cheese V 213kcal scotch egg

Wild mushroom nut roast 🐶 264kcal

SALADS

Small salad bowl

£9.00

Sweet and sour rainbow slaw 🐶 🐠 43kcal

rocket pesto pasta 🌭 136kcal

Mediterranean potato salad 🚾 📴 108kcal

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Green leaf salad 🚾 📭 29kcal

## COFFEE & CAKES



them at home

CAKES

from £2.50

Baked by us as you would bake

## DRINKS

drinks includes fruit smoothies, milkshakes, hot chocolate iced coffees and barista coffees made using speciality beans from Carvetii Coffee Roasters in the Lake District.

Our wide range of hot and cold

