

KITCHEN

COFFEE



kcal



kcal

Latte

£4.25 103

£4.60 115

Cappuccino

£4.25 105

£4.60 114

Filter coffee

£3.65 0

£3.95 0

Flat white

£4.50 54

Mocha

£4.50 145

£4.75 185

Espresso

£3.25 0

Americano

£3.65 0

£3.95 0

Like it your way?

All our coffee can be made with decaf beans,
semi-skimmed, skimmed, or oat milk.

Swap your milk for free.





CARVETII COFFEE ROASTERS

Our coffee is roasted less
than 30 miles away at Carvetii
Coffee Roasters in the northern
Lake District.

Owners Angharad and Gareth Kemble have
created a blend uniquely for us using carefully
sourced speciality beans that they roast
in small batches.

TEA



kcal

English breakfast

£3.25 0

Earl Grey

£3.25 0

Triple mint

£3.25 0

Berry & hibiscus

£3.25 0

Green tea

£3.25 0

HOT CHOCOLATE

Hot chocolate

£4.50₁₀₉

£4.75₁₂₉

MASALA CHAI

Masala Chai

£4.50₆₄

£4.75₁₃₅

EXTRAS

80p

Cream 45kcal, syrups 86kcal,
extra espresso shot 0kcal.



COLD DRINKS

ICED COFFEE

kcal

Americano	£3.65	0
Latte	£4.25	138
Mocha	£4.50	145
NEW Honey oat milk latte	£4.30	143



ICED TEA

NEW Red berry & hibiscus	£3.55	155
NEW Earl Grey, elderflower & orange	£3.55	51



HULLABALOO'S LEMONADE

Original

£3.15 149kcal

Raspberry

£3.15 149kcal

B R E A K F A S T

- 11 A M

HOT BREAKFAST

Made using 100% British meat and the freshest ingredients sourced from our network of trusted producers.



Tebay breakfast

£12.75

Cumberland sausage, dry-cured bacon, black pudding, egg, tomato, mushroom, beans, bubble & squeak cake, toast. 908kcal

Westmorland breakfast

£10.50

Cumberland sausage, dry-cured bacon, egg, mushroom, beans, toast. 636kcal

Butcher's breakfast

£14.65

Cumberland sausage, 2x dry-cured bacon, black pudding, haggis, egg, mushroom, beans, bubble & squeak cake, toast. 1371kcal

Vegan breakfast

£10.50

Smoked tofu, spicy beans, mushroom, tomato, bubble & squeak cake, toast. 530kcal

 Vegetarian

 Vegan

If you have *any* dietary requirements or questions about allergens in our food, please ask a member of our team for help.

HOT BREAKFAST

Bean bowl £6.95

Spicy beans, 2x dry-cured bacon,
fried egg, bubble & squeak cake. 395kcal

On *More? Bakery* sourdough toast:

Mushrooms **Ve** 331kcal £6.65

Spicy beans **Ve** 343kcal £6.65

with dry-cured bacon 594kcal £7.65

Eggs poached, fried or scrambled **V** 271kcal £6.85

BREAKFAST BAPS

Dry-cured bacon 630kcal £6.85

Dry-cured bacon & egg 595kcal £6.85

Cumberland sausage 678kcal £6.85

Smoked tofu **V** 604kcal £6.85

with sun-dried tomato & garlic chutney



Fancy a little extra?

Add an *extra item* to any of
our breakfasts for just £1.50

HOT BREAKFAST

Kids breakfast

£5.65

Any 2 of our breakfast items served with toast.

Kids eat for £1.50

All day, every day

when bought with an adult's hot meal*

*offer is applied automatically at the till and applies to children
aged 10 and under.



Fancy a little extra?

Add an *extra item* to any of
our breakfasts for just £1.50

BUTTERMILK WAFFLES

NEW

Made by us and lightly dusted with cinnamon

Dry-cured bacon,
maple syrup & banana

£9.50

773kcal

Seasonal berries
& yoghurt

£8.50

V 550kcal

SMALLER PORTION OF
ANY OF THE ABOVE £5.50

made fresh by us



BREAKFAST SANDWICHES

£7.50

Sausage sandwich

*with fruity brown sauce, from
Hawkshead Relish*

849kcal

Bacon sandwich

*with smoky tomato pesto from
Isle of Wight tomatoes*

610kcal

ADD BACON FOR JUST £1.50

PORRIDGE

Made by us

NEW

Seasonal berries, coconut flakes, cocoa nibs and maple syrup **£5.50**

v 240kcal

Seasonal fruit compote, banana, cocoa nibs and maple syrup **£5.50**

v 395kcal

Brown sugar **£4.50**

v 199kcal

SMALLER PORTION OF ANY OF THE ABOVE **£3.00**

YOGHURT BOWLS

Made by us

NEW

Yoghurt, fruit & granola **£5.50**

v 595kcal

LUNCH

11AM-3PM

SALADS

Made here, by us, every day.

Small salad bowl

£5.50

Sun-blushed tomato & orzo pasta, Bombay potato salad, Green leaf salad

Large salad bowl

£9.75

Sun-blushed tomato & orzo pasta, Apple & mustard slaw, Bombay potato salad, Green leaf salad



Sun-blushed
tomato & orzo pasta

Ve 140kcal

Green leaf salad

Ve 29kcal

Apple &
mustard slaw

Ve 33kcal

Bombay
potato salad

Ve 97kcal

FLATBREADS

We make our own flatbreads using 100% Wildfarmed flour from wheat grown in healthy, biodiverse soil.

Filled flatbread

£9.95

Main filling and toppings.

Filled flatbread *with* salad

£12.95

Main filling, toppings and two side salads.

FREE RANGE

Chicken shawarma

with Tubby Tom's
money shot sauce

457kcal



Lamb kofta

Lamb kofta with tzatziki

530kcal

Lemon & garlic tofu

Organic tofu made in Yorkshire
with sweet chilli tomato relish

V 486kcal



GLUTEN FREE WRAPS ARE AVAILABLE

HOT FOOD

Steak & Ale pie 839kcal £12.95
with mashed potatoes and seasonal veg

Macaroni cheese  872kcal £11.95
with mixed green salad

Sweet potato & chickpea tagine  237kcal £11.95
with sweet potato wedges

Lasagne 537kcal £12.95
with mixed green salad

Cumberland Sausage 806kcal £12.95
with red onion marmalade and mashed potatoes

Beer battered fish 775kcal £14.95
with chips and peas

Add a bowl of:

Seasonal vegetables 66kcal £2.25

Chips 354kcal £3.85

 Vegetarian

 Vegan

If you have *any* dietary requirements or questions about allergens in our food, please ask a member of our team for help.

KIDS HOT FOOD

Macaroni cheese  861kcal £7.25

Beer battered fish 137kcal £7.25
with chips and peas

Cumberland Sausage 157kcal £7.25
with red onion marmalade and mashed potatoes

Sweet potato & chickpea tagine  128kcal £7.25
with sweet potato wedges

Lasagne 272kcal £7.25
with mixed green salad



Kids eat for £1.50



All day, every day

Smaller portions of our freshly cooked main dishes cost £1.50 when bought with adult-sized hot meals.

*offer is applied automatically at the till and applies to children aged 10 and under.

DINNER

3PM-

Today's *special:*

Homemade main *with a hot pudding*



£12.95

Choose from:

NEW RECIPE

Cottage
pie 663kcal

or

Sweet potato & 237kcal
chickpea tagine **Ve**
with sweet potato wedges

Steak & Ale pie 839kcal
with mashed potatoes and seasonal veg

£12.95

Macaroni cheese **v** 872kcal
with mixed green salad

£11.95

Beer battered fish 775kcal
with chips and peas

£14.95