# QUICK KITCHEN

ROASTED IN THRELKELD BY CARVETII COFFEE

Coffee

REGULAR LARGE

Latte £4.25 103kcal £4.60 115kcal

Cappuccino £4.25 105kcal £4.60 114kcal

Flat White £4.50 54kcal ————

Mocha £4.50 145kcal £4.75 185kcal

Espresso ———— £3.25 0kcal

Americano £3.65 Okcal £3.95 Okcal

Filter Coffee £3.65 Okcal £3.95 Okcal

Extras 80p

Cream 46kcal Espresso Shot Okcal Hazelnut, Vanilla or Caramel Syrup 86kcal

PRODUCED LOCALLY

Roasted at the foot of a mountain

Carvetii Coffee Roasters

THRELKELD, 30 MILES AWAY



SWAP TO OAT MILK OR DECAF COFFEE FOR FREE

	ETHICALLY SOURCED BY CANTON TEA CO	
Tea	REGULAR	LARGE
English Breakfast	£3.15 Okcal	£3.25 Okcal
Earl Grey	£3.15 Okcal	£3.25 Okcal
Triple Mint	£3.15 Okcal	£3.25 Okcal
Berry & Hibiscus	£3.15 Okcal	£3.25 Okcal
Green Tea	£3.15 Okcal	£3.25 Okcal
Hot Chocolate	£4.50 109kcal	£4.75 129kcal
Masala Chai	£4.50 64kcal	£4.75 135kcal
Iced Coffee		REGULAR

Iced Coffee	REGULAR
Americano	£3.65 Okcal
Latte	£4.25 138kcal
Mocha	£4.50 145kcal
Smoothies	
Summer berry	£4.25 124kcal
Passionfruit with mango & pineapple	£4.25 152kcal
Kale with spinach & mango	£4.25 147kcal

### BREAKFAST

ON MORE?
BAKERY BREAD

#### Breakfast baps

Bacon £6.35 619kcal

Sausage £6.35 633kcal

Sausage & bacon £6.85 856kcal

Halloumi & tomato v

£6.35 531kcal

#### **Pastries**

Croissant £3.25 255kcal



#### Porridge

Original v £3.95 179kcal

with seasonal fruit compote

ruit compote £4.25 237kcal

with honey

£4.25 188kcal





## LUNCH / DINNER

£5.35 633kcal

£5.95 544kcal

#### **Pies**

Cheese & onion v

CHECEC & CHICH	<b>20.00</b> 000 Real
Bombay chickpea & spinach ve	£5.35 467kcal
Chicken, smoked bacon & leek	£5.65 548kcal
Steak & ale	£5.95 538kcal

Pork, mushroom & mustard

Cumberland sausage roll £5.45 679kcal

PRODUCED BY US

We make our pies with regenerative flour & all butter pastry

#### Soup

Today's seasonal soup v £5.50

with

a More? Artisan bakery bread roll

£5.95

#### Snacks

Honey mustard £4.65 447kcal Chipolatas

Chips £3.50 257kcal

Bread inspired by the landscape of the lakes

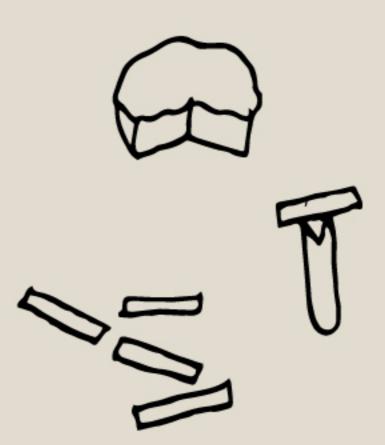
More? Artisan bakery

PRODUCED LOCALLY

STAVELEY, 9 MILES AWAY

#### FROM 11AM

Hot pie or
Cumberland
sausage roll
with chips



£7.50

#### FROM 11AM

Seasonal soup with a sandwich



£7.50



## 10p off with a reusable cup

